[](https://www.google.co.uk/url?sa=i&url=https%3A%2F%2Fwww.captainwebbprimary.org%2F&psig=AOvVaw0fDRYNlssBFBEYgEIsmzBx&ust=1622037125593000&source=images&cd=vfe&ved=0CAIQjRxqFwoTCOD5vqv95PACFQAAAAAdAAAAABAD)Captain Webb Nursery

Sample snack menu

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Week 1 | | | | |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| Morning | Morning | Morning | Morning | Morning |
| Seasonal Fruit  &  Bread sticks | Crackers with cheese &  vegetable sticks | Seasonal Fruit  &  Bread sticks | Forest school  Bread stick and milk | Seasonal Fruit  &  Rice cakes |
| Afternoon | Afternoon | Afternoon | Afternoon | Afternoon |
| Vegetable Sticks  &  Dip | Seasonal Fruit  &  Rice cakes | Crackers with cheese &  vegetable sticks | Forest school  Bread stick and milk | Crackers with cheese &  vegetable sticks |

*A choice of milk or water will be available every snack time. Water is always provided throughout the day. Allergy lists are provided for each room.*